ACTIVITY REPORT

2023

FEDERACAO FUTEBOL DE TIMOR-LESTE
FFTL HOUSE: CAMPO DEMOCRASIA
AV.NU LARAN NU. 04, BAIRRO FORMOSA (GRICENFOR),
DILI - TIMOR LESTE

CONTENTS

I. INTRODUCTION
1.1. FOREWORD BY THE INTERIM PRESIDENT OF FFTL
1.2. ACTIVITY REPORT BY THE GENERAL SECRETARY

2. MEMBER ASSOCIATIONS (MAS)
2.1. MA DEVELOPMENT PROGRAMME

3. NATIONAL TEAMS
3.1. MEN'S TEAM
3.1.1. 32ND SOUTHEAST ASIAN GAMES
3.1.2. AFF U-23 CHAMPIONSHIP
3.1.3. 2024 AFC U-23 ASIAN CUP – QUALIFICATION ROUND
3.1.4. 2026 FIFA WORLD CUP – QUALIFICATION ROUND

3.2. WOMEN'S TEAM
3.2.1. JAPAN-ASEAN 50TH JENESYS U-17 WOMEN'S MEMORIAL CUP
3.2.2. AFF WOMEN'S U-19 CHAMPIONSHIP
3.2.3. 2024 AFC WOMEN'S OLYMPIC QUALIFYING TOURNAMENT

4. DOMESTIC COMPETITIONS
4.1. LIGA FUTEBOL TIMORENSE 2023/24
4.2. FFTL – TELKOMSEL CUP 2023
4.3. WOMEN'S FOOTBALL LEAGUE 2023/24
4.4. FFTL FUTSAL LEAGUE 2023/24

5. DEVELOPMENT
5.1. TECHNICAL DEVELOPMENT
5.2. FFTL 'D' LICENSE COURSE IN BAUCAU AND MALIANA
5.3. FFTL REFRESHER COURSE 'C' LICENSE COURSE IN DILI
5.4. UEFA ASSIST GRASSROOTS COACHING COURSE PROGRAMME
5.5. GRASSROOTS FESTIVAL
5.6 AFC - FFTL WOMEN'S FOOTBALL EVENT
5.7. CLUB LICENSING ANNUAL SEMINAR

CONTENTS

5.2. REFEREE
5.2.1. FFTL FOOTBALL REFEREE COURSE BASIC (LEVEL III)
5.2.2. FFTL FUTSAL REFEREE COURSE BASIC (LEVEL III)

6. GOVERNANCE
6.1. FFTL ORDINARY CONGRESS
6.2. FFTL EXTRAORDINARY CONGRESS
6.3. WORKSHOP BY FIFA/AFC ON GOOD GOVERNANCE

7. CAPACITY BUILDING
7.1. AFC FOOTBALL MANAGEMENT COURSE EDITION 4 AND 5
7.2. AFC CHILD SAFEGUARDING CERTIFICATE – INSIGHTS
7.3. FIFA INSTRUCTOR COURSE

FFTL ACTIVITIES OVERVIEW

FFTL organized various events and programs to develop football in Timor-Leste.

National teams participated in regional and international competitions, showcasing talent and commitment.

Domestic leagues and youth tournaments highlighted local football talent.

Coach education courses and collaborations with international football bodies were conducted.

Governance challenges led to the organization of an Extraordinary Congress and a workshop on Governance in Football.

FOREWORD BY THE INTERIM PRESIDENT OF THE FOOTBALL FEDERATION OF TIMOR-LESTE

As the Interim President of the Football Federation of Timor-Leste, it is both an honor and a privilege to pen this foreword, marking a significant chapter in our journey towards elevating the beautiful game in our beloved country.

Football, more than just a sport, is a universal language that transcends boundaries, cultures, and differences, uniting people under the shared banner of sportsmanship, teamwork, and mutual respect. In Timor-Leste, this is especially true, where football acts as a catalyst for community engagement, youth empowerment, and national pride.

Our journey has not been without its challenges. From the outset, we have faced infrastructural limitations, resource constraints, and the daunting task of nurturing a football culture in a nation rebuilding itself. Yet, through the unwavering spirit and dedication of our players, coaches, staff, and the supportive community, we have steadily made strides toward realizing our dreams for Timor-Leste football.

This year marks a pivotal point in our ongoing mission. With renewed focus and invigorated efforts, we aim to strengthen our football infrastructure, enhance our development programs for youth, and foster greater participation at all levels. Our vision extends beyond merely competing;

Our strategic initiatives, detailed within this report, are designed with the long-term growth of football in Timor-Leste in mind. From grassroots programs to international engagements, each step we take is a step towards building a more inclusive, competitive, and sustainable football ecosystem. The path ahead is challenging but promising. With the support of our government, partners, and the FIFA community, we are confident in our direction. We invite you to join us in this exciting journey, to be part of our story of perseverance, unity, and passion for football.
As we move forward, let us remember that football in Timor-Leste is more than a game. It is a symbol of hope, a source of joy, and a testament to the indomitable spirit of the Timorese people. Together, we can achieve greatness, on and off the field.

Muito obrigado (Thank you very much).

Ten. Gen. Domingos Raul 'Falur Rate Laek'
Interim President

ACTIVITY REPORT BY THE FFTL GENERAL SECRETARY

It is with a deep sense of pride and responsibility that I address you today as the General Secretary of the Football Federation of Timor-Leste, to present the Development Activity Report for the year 2023. This document not only encapsulates our efforts, achievements, and challenges over the past year but also sets the stage for the strategic direction we aim to pursue in the coming years.

2023 has been a year of profound significance for football development in Timor-Leste. Amidst the backdrop of global challenges and local aspirations, our federation has embarked on a journey of transformative change, aiming to lay down the foundational stones for a future where football is not just a sport but a vehicle for social change, unity, and international diplomacy.

Our report meticulously outlines the multifaceted approach we adopted to tackle the various aspects of football development in our nation. From grassroots initiatives aimed at making football accessible to all to elite development programs designed to hone the skills of our most talented athletes, our efforts have been diverse and inclusive. We have sought to empower our coaches and referees with knowledge and resources, understanding that the quality of football is intrinsically linked to the quality of its facilitators.

However, our journey is far from over. The achievements of 2023 serve as both a foundation upon which to build and a reminder of the distance we still have to travel. As we look to the future, our focus will remain on sustainable development, with an emphasis on youth participation, community engagement, and international collaboration. We are committed to overcoming the obstacles that lie ahead, with the ultimate goal of establishing Timor-Leste as a formidable force within the realm of international football.

In closing, I would like to extend my heartfelt gratitude to everyone who has been a part of this journey: our players, coaches, staff, volunteers, partners, and, most importantly, the people of Timor-Leste. Your passion, dedication, and belief in our vision are what drive us forward. Thank you for your continued support. Together, we will continue to dream big and work tirelessly towards making those dreams a reality.

Warmest regards,

Gregorio Correia
General Secretary

2. MEMBER ASSOCIATIONS DEVELOPMENT PROGRAMME

The Football Federation of Timor-Leste (FFTL), through its Executive Committee, initiated a development program for member associations of municipal FFTL through financial support of USD 1,500 per month starting from March 2022.

This support aims to develop and create football activities in every municipality based on the FFTL Strategic Plan 2018 – 2022 to bring football to all territories of Timor-Leste. Since the implementation of this program, there has been a significantly positive impact on the development of football in each municipality.

Football activities began and progressed in the municipalities, starting from grassroots training, youth, and also at municipal competition levels. Throughout this process, FFTL has always accompanied and developed all members through training and assistance from the FFTL General Secretariat.

After conducting payments to FFTL members from January – June 2023, following verification and identification of the execution reports of each member's activities which were submitted not under the procedures outlined in the FFTL Financial Policy.

FFTL decided:

- To temporarily halt this Financial Support Program as well as payments for July – December 2023;
- FFTL, with assistance from Kroll, plans to create training activities for members in 2024 as a criterion to reactivate this program.

FFTL 8TH ORDINARY CONGRESS. JULY 2023

3. NATIONAL TEAMS

3.1MEN'S TEAM

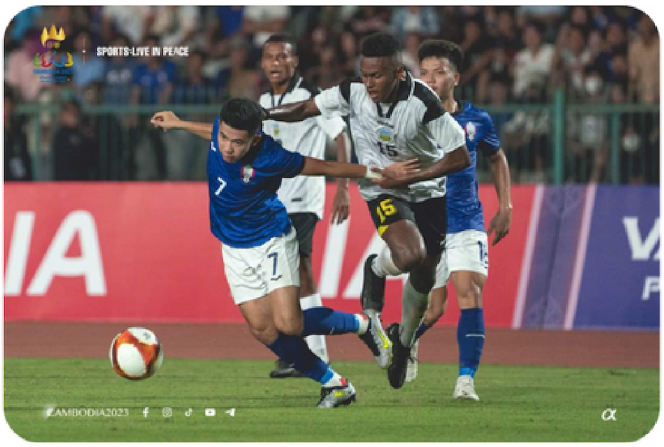
32ND SOUTHEAST ASIAN GAMES

GROUP STAGE:
MATCHES
CAMBODIA 4 - 0 TIMOR-LESTE
MYANMAR 1 - 0 TIMOR-LESTE
TIMOR-LESTE 3 - 0 PHILIPPINE

The FFTL U-22 National Team trained on 14 February with 34 Players and on 27 February the Team reduced the number of players to 25 Players, the home base training was held on the FFTL Football pitch.

The 26 members of the team delegation departed from Timor-Leste to Thailand on 17 April 2023 for training Camp during has been dg 18 to 26 April 2023, lodging for the team in Thailand has been provided by the SC Park Hotel, Address Wang Thong Lang, Bangkok 10310, Thailand. Besides that, the training session and friendly match used the Yokohama Training Ground.

Moreover, The Team went straight to Cambodia on 27 April 2023 for the 32nd SEA Games 2023 until 15 May 2023, lodging for the team in Cambodia was provided by the Hotel Phnom Penh Hotel, address Phnom Penh, Cambodia, while the stadium for the official competition using the Olympic Stadium.



To conclude, the team delegation consists of a head Coach from the Republic of South Korea, 5 officials Timorese, one player over the age of 23 years, and 19 players with an average age under 23 years old.

3. NATIONAL TEAMS

3.1MEN'S TEAM

AFF U-23 CHAMPIONSHIP

GROUP STAGE:
MATCHES:
INDONESIA 1 VS 0 TIMOR-LESTE
MALAYSIA 3 VS 1 TIMOR-LESTEN

The Training Camp in Thailand served as a vital foundation for the AFF U23 Championship in Thailand, aiming to optimize every aspect of the team's performance. Designed to enhance player mentality, refine skills and tactics, and rejuvenate self-confidence, the camp was meticulously crafted to prepare the team both physically and mentally for the challenges ahead.

With the AFF U23 Championship providing a platform to evaluate the team's capabilities, showcase emerging talent, and strive for success, the training camp in Korea laid the groundwork for a determined and competitive campaign on the international stage.

3. NATIONAL TEAMS

3.1MEN'S TEAM

2024 AFC U-23 ASIAN CUP QUALIFICATION ROUND

GROUP STAGE:

MATCHES:

KUWAIT 4 - 0 TIMOR-LESTE

TIMOR-LESTE 0 - 6 IRAQ

TIMOR-LESTE 5 - 0 MACAU

After the AFF U23 Championship in Thailand, a team of 18 players and 7 officials headed to Pyeongchang, South Korea, for a training camp to prepare for the AFC U23 Asian Cup 2024™.

From August 23 to September 2, 2023, the camp at the Daegwallyeong National Football Training Facility, supported by Spoiner Sports Agency with accommodations at the AM Hotel, aimed to enhance team skills and unity.

Post-camp, the squad was bolstered by 5 additional players from Cambodia, Indonesia, and Brunei Darussalam, increasing the team to 23 players for the tournament in Kuwait from September 3 to 12, 2023.

The team stayed at the Millennium Hotel, with matches held at the Jaber Al-Ahmad International Stadium and Kuwait Sports Club Stadium in Kuwait City. This preparation highlights the team's dedication to excelling at the AFC U23 Asian Cup 2024™.

3. NATIONAL TEAMS

3.1MEN'S TEAM

2026 FIFA WORLD CUP QUALIFICATION ROUND

PLAYOFF
AWAY:
CHINESE TAIPEI 4 VS TIMOR-LESTE 0
HOME:
TIMOR-LESTE 0 VS CHINESE TAIPEI 3

Following the AFC U23 ASIAN CUP in Kuwait, the national team embarked on a crucial training endeavour in Pyeongchang, South Korea. Spanning from September 14th to October 9th, 2023, this training camp was strategically positioned to fortify the team's prowess in preparation for the FIFA World Cup 2026TM, hosted in Kaohsiung, Chinese Taipei. Comprising 15 players, 6 officials, and bolstered by 7 additional senior players, the team convened at the esteemed Daegwallyeong National Football Training Facility.

Accommodations were graciously provided by the renowned AM Hotel, courtesy of the esteemed Spoiner Sports Agency. With the imminent challenge of the FIFA World Cup 2026TM on the horizon, this training camp in Korea served as a pivotal juncture for honing skills, enhancing tactical acumen, and fostering team cohesion. Following the conclusion of the training camp, 22 players were selected to represent the national team at the official competition venues, including the prestigious Kaohsiung National Stadium. This introduction sets the stage for a rigorous and transformative training experience aimed at propelling the team to success on the global football stage.

3. NATIONAL TEAMS

3.2.WOMEN'S TEAM

JAPAN-ASEAN 50TH JENESYS U-17 WOMEN'S MEMORIAL CUP

MATCHES
MARCH 17, 2023:
U17 THAILAND 13 VS 0 U17 TIMOR-LESTE
MARCH 19, 2023:
U17 TIMOR-LESTE 0 VS 1 U17 LAOS
3 MARCH 20, 2023:
U17 PHILIPPINES 9 VS 0 U17 TIMOR-LESTE

March 15th -25th, 2023. 【50th Anniversary of ASEAN-Japan Friendship and Cooperation JENESYS U-17 Women's Football Memorial Cup】.

ASEAN-Japan Sports Exchange (Football) As part of the Japan Football Association's (JFA) commitment to support "JENESYS," a program promoted by the Ministry of Foreign Affairs of Japan, the "JENESYS U-17 Women's Football Memorial Cup" kicked off on Friday 17 March at Uruma City in Okinawa. The event will serve as an exchange platform for the youth in Japan, the countries of ASEAN, and Timor-Leste.

Timor-Leste was comprised of sixteen (16) girls and officials including Head Coach, Assistant Coach, and Team Manager.

Four matches were played on the opening day including the U-17 Thailand Women's National Team against the U-17 Timor-Leste Women's National Team. It was a moving program that showed the friendship of ASEAN countries and Timor-Leste.

3. NATIONAL TEAMS

3.2.WOMEN'S TEAM

AFF WOMEN'S U-19 CHAMPIONSHIP

The Timor-Leste Women's U19 National Team recently took part in the AFF Women's U-19 Championship, showcasing their talent and determination on the field. Despite facing tough opposition from other teams in the tournament, the Timor-Leste team demonstrated their skill and resilience, engaging in competitive matches throughout the event.

Importantly, they also managed to score goals, highlighting their offensive capabilities and commitment to making an impact on the scoreboard. This participation not only provided valuable experience for the players but also served as a testament to the growing presence and development of women's football in Timor-Leste.

Majority of girls players were selected from the ones who participated in the 50th Anniversary of ASEAN-Japan Friendship and Cooperation JENESYS U-17 Women's Football Memorial Cup.

Group stage:
Matches
Indonesia 6 vs 0 Timor-Leste
Timor-Leste 0 vs 1 Cambodia
Laos5 vs 0 Timor-Leste

3. NATIONAL TEAMS

3.2.WOMEN'S TEAM

2024 AFC WOMEN'S OLYMPIC QUALIFYING TOURNAMENT

The FFTL Senior National Team represented Timor-Leste in the AFC Women's Olympic Qualifying Tournament Round 1, where they contested against Jordan at Pakhtakor Stadium in Tashkent. The team with the captain of Nilda Romana, Head Coach Mr. Park Sun Tae has tried their best to bring the team to the next round. The team also conducted a training camp in Dili, Timor-Leste two(2) months before the official matches.

The match concluded with a score of 1-3 in favor of Jordan. Subsequently, Timor-Leste faced Uzbekistan, resulting in a 0-3 score, and Bhutan, ending with a 1-3 score.

Unfortunately, despite their efforts, Timor-Leste's performance in these matches rendered them unable to advance to the subsequent round of the tournament.

4. DOMESTIC COMPETITION

4.1. LIGA FUTEBOL TIMORENSE 2022/23

The 2022-23 Timor-Leste Football League – There are 9 clubs in the top division. The league is amateur. Five (5) foreign players playing in the league. The players are mostly from Indonesia. The format of the game is 1 Round Robin League in Dili Municipality Stadium, February – May 2023.

The champion of the First Division is Karketu Dili FC. While for the Second Division was the 6th official edition of the second level of the Timorese Football Championship. It was organized by the Timor-Leste Football Federation and this year would have 8 participating teams.
Initially planned to start in December 2022, the league was postponed to February 2023, brought forward by the player transfer window between clubs. The first match of the season was held on February 23, between the teams of Santa Cruz and AS Marca FC. The champion was DIT FC, who won the title for the second time.

LIGA FUTEBOL DE TIMOR LESTE

Mai Ita Hamutuk Hamosu Paixaun ba Futebol Timor-Leste

FIRST DIVISION

LEAGUE STANDING

#	TEAM	P	W	D	L	+/-	POINT
1	AD. S. L. B.	3	2	1	0	4	7
2	ASSALAM FC	4	2	1	1	0	7
3	FC PORTO TAIBESSE	3	2	0	1	3	6
4 ▲	KARKETU DILI FC	4	2	0	2	1	6
5 ▼	EMMANUEL FC	5	2	0	3	-3	6
6 ▼	ACADEMICA FC	4	1	1	2	0	4
7 ▼	ATL. ULTRAMAR / CORAÇÃO FC	3	1	1	1	0	4
8 ▲	AS PONTA LESTE	4	1	1	2	-1	4
9 ▼	AITANA FC	4	1	1	2	-4	4

LIGA FUTEBOL DE TIMOR LESTE

Mai Ita Hamutuk Hamosu Paixaun ba Futebol Timor-Leste

SECOND DIVISION

FINAL STANDING

Season 2022-2023

#	TEAM	P	W	D	L	+/-	POINT
1	DIT FC	7	6	1	0	18	19
2	AS MARCA	7	6	1	0	7	19
3	ZEBRA FC	7	2	2	3	-1	8
4	SANTA CRUZ FC	7	2	2	3	-3	8
5	FITUN ESTUDANTE	7	2	2	3	-4	8
6	LICA-LICA LEMORAI	7	2	1	4	-5	7
7	NAGARDJO FC	7	1	3	3	-3	6
8	KABLAKI FC	7	1	0	6	-3	3

4. DOMESTIC COMPETITION

4.2. FFTL – TELKOMSEL CUP 2023

The FFTL-Telkomcel U-17 Cup 2023, held in Timor-Leste for players under the age of 17, spanned from June 15th to December 15th, 2023. The competition, structured into three phases, commenced with qualifiers involving eleven Member Associations of the Football Federation of Timor-Leste, with a total of 2533 players and 610 officials participating. The qualifiers saw teams from various municipalities vying for progression to the Regional Stage, with winners from each region advancing.

In the Regional Stage, divided into three regions, teams such as Academica FC, Laloran FC, and Aitehen FC showcased their prowess in Region I, while Emarui FC, Assalam FC, Umsal FC, and Hu Iso Lara Iso FC excelled in Regions II and III. Qualification to the Knock-out Stage was determined by the performance of the top teams in each region.

The Knock-out Stage witnessed intense single-elimination matches, leading to the Semi-Finals where Haban FC faced Laloran FC, and Umsal FC clashed with Assalam FC. These matchups culminated in the Championship Match between Haban FC and Assalam FC, with the latter emerging victorious as the tournament's champions.

In the Third-Place Playoff, Umsal FC triumphed over Laloran FC, securing a commendable finish in the competition. The FFTL-Telkomcel U-17 Cup 2023 showcased the talent and competitive spirit of young footballers in Timor-Leste, underscoring the vibrancy of football development in the region.

4. DOMESTIC COMPETITION

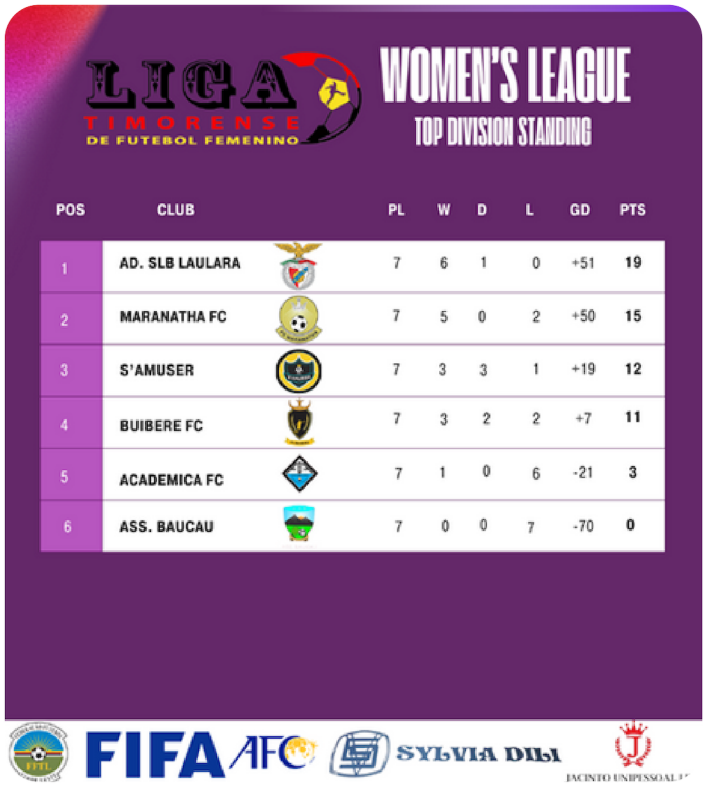
4.3 WOMEN'S FOOTBALL LEAGUE 2023/24

The Timor-Leste Women's League has successfully concluded its season, which ran from October 2023 to January 2024. After intense competition and showcasing remarkable talent across the board, AD-SLB Laulara and Maudoko FC emerged as the champions of the top and second divisions, respectively.

The league, which was composed of 11 clubs, divided into six clubs for the top division and five for the second division, followed a double round-robin format that tested the teams' endurance, strategy, and skill throughout the season.

IIn the top division, AD-SLB Laulara claimed the championship title, standing out among its competitors. The division also featured strong performances from other clubs, including Maranatha FC, S'Amuser FC, Buibere FC, Academica FC, and ASS. Baucau, each bringing their unique style and determination to the pitch.

The second division saw Maudoko FC rise to the top, securing their championship status with notable determination. The division also included Unital FC, Nain Feto FC, Sao Jose FC, and VDL FC, all of which competed fiercely and showed significant promise throughout the league..



POS	CLUB	PL	W	D	L	GD	PTS
1	AD. SLB LAULARA	7	6	1	0	+51	19
2	MARANATHA FC	7	5	0	2	+50	15
3	S'AMUSER	7	3	3	1	+19	12
4	BUIBERE FC	7	3	2	2	+7	11
5	ACADEMICA FC	7	1	0	6	-21	3
6	ASS. BAUCAU	7	0	0	7	-70	0

POS	CLUB	PL	W	D	L	GD	PTS
1	MAUDOKO FC	8	8	0	0	+89	24
2	UNITAL FC	8	5	1	2	+50	16
3	NAIN FETO FC	8	4	1	3	+13	13
4	SAO JOSE FC	8	2	0	6	-75	6
5	VDL FC	8	0	0	8	-77	0

4. DOMESTIC COMPETITION

4.4 FFTL FUTSAL LEAGUE 2023/24

The Football Federation of Timor-Leste (FFTL) has organized the Timor-Leste Futsal League Division 1 and Division 2 for the 2022/2023 season.

The Futsal League Division 1, consisted of 10 teams with a one-round-robin competition format of just one meeting with a total of 45 matches in all. Mauputar FC came out as champions because they had a better goal difference than Ramelau FC after both had the same final point of 25 points, while Becusse United FC and AS Germany must be willing to be relegated to Division 2 next season. The tournament's top scorer was Caesar Dante FC Player; Gelvanio Marçal with 20 goals in 9 matches.

Ihe Futsal League Division 2, consists of 12 teams with a group and knock-out competition format, which consists of 4 groups, each group consists of 3 teams, and the top 2 teams will qualify for the knockout phase. Coelho FC came out as Champions after overcoming Santa-Cruz Fc with a final score of 6-2, with this result, Coelho FC and Santa Cruz FC were promoted to the Futsal League Division 1 next season. The top scorer in this tournament was Coelho FC player; Antonio Ximenes with 9 goals in 5 matches.

POS	EKIPA	J	M	E	L	GOL	+/-	POINT
1	MAUPUTAR	9	8	1	0	58-16	42	25
2	RAMELAU FC	9	8	1	0	54-13	41	25
3	CAESAR DANTE FC	9	6	1	2	42-32	10	19
4	MUSHILA FC	9	4	1	4	27-32	-5	13
5	SÃO FRAN. XAVIER	9	4	0	5	29-30	-1	12
6	AD. SAMORO	9	3	1	5	34-37	-3	10
7	BOA SORTE FC	9	3	1	5	21-27	-6	10
8	GAMER FC	9	3	0	6	36-59	-23	9
9	BECUSSE UNITED FC	9	2	0	7	25-60	-35	6
10	AS JERMAN	9	1	0	8	16-36	-20	3

5. TECHNICAL DEVELOPMENT

5.1. FFTL 'D' LICENSE COURSE IN BAUCAU AND MALIANA

Baucau

The course was organized by FFTL Coach Education. A total number of 22 participants took part in this course. Two participants left the course after the first day without any reason given.

Recommended that these two participants not be allowed to participate in our courses for one year. The course was assisted by Gaspar Quintão da Silva. The course was well coordinated by the administrator and President of the Baucau Football Association.

The participants were given two sets of jerseys. Balls, bibs, cones, and markers were available for practical sessions. For the theory sessions, a meeting hall was completed with LCD Projector, and a flipchart was available. The course was held at the Baucau Municipality stadium.

The course was conducted at the request of Baucau FA. Participants were a mixture of young and middle-aged. There were two female participants, however they were not active in the practical sessions. Some of them displayed good technique and willingness to learn.

5. TECHNICAL DEVELOPMENT

5.1. FFTL 'D' LICENSE COURSE IN BAUCAU AND MALIANA

Maliana

The course was organized by FFTL Coach Education. A total number of 17 participants took part in this course on the 1st and 2nd day and two participants did not continue the course. Leaving only 15 to complete the course. Of the 17 participants, 2 participants were female. The course was assisted by Gaspar Quintão da Silva. The course was well coordinated by the Maliana Football Association.

The same equipment was distributed to the participants as mentioned above in Baucau. The course was the first of its kind in Maliana. However, the training ground needs to be better prepared for the course.

In the future courses can be recommended to be held here. We need the Maliana FA to be more serious in their selection of candidates.

5. TECHNICAL DEVELOPMENT

5.2. FFTL REFRESHER COURSE 'C' LICENSE COURSE IN DILI

UEFA Assist Grassroots Coaching Course Programme

FFTL, in collaboration with the UEFA Assist Programme and Oceania Football Confederation (OFC) on July 2023, has culminated in a comprehensive course designed to transform passionate coaches into influential mentors for the next generation of footballers.

This journey, which we have embarked on together, is more than just about enhancing football skills; it's about molding young individuals into well-rounded, disciplined, and team-oriented athletes. The curriculum, enriched with the latest in child-centric coaching methodologies, is poised to arm you with not only the technical know-how but also the emotional intelligence to foster a supportive and growth-oriented environment.

Our focus on patience, communication, and age-appropriate training underscores our commitment to not just the physical, but also the psychological and emotional development of the children entrusted to your care.

As we wrap up this course, it's our fervent hope that you leave not just with new skills and knowledge, but with a renewed sense of purpose. The role of a coach transcends the boundaries of the football field; it's about inspiring, guiding, and shaping the future one player at a time. With the tools and insights gained from this course, we trust that you are now better equipped to embark on this noble mission, ready to make a difference in the lives of your young athletes.

Let's continue to foster a love for the game, promote excellence, and, above all, build character both on and off the field. Thank you for choosing to be a part of this transformative journey. Your dedication to nurturing young talent is what will propel football into a bright and promising future.

In this opportunity, FFTL also had a chance to disseminate information regarding the Importance of Child Safeguarding in Football. It is our responsibility to keep children safe especially the coaches who directly interact with the children.

5. TECHNICAL DEVELOPMENT

5.3. GRASSROOTS FESTIVAL

The AFC FFTL 10th Anniversary Grassroots Football Day was successfully held on May 15, 2023. The event brought together 13 grassroots coaches and 150 boys' and girls' players. The day was packed with exciting activities that engaged the players in football and educational events.

The opening event kicked off with raising awareness for child safeguarding for the coaches from 07:00 to 07:30. This was an essential session that highlighted the importance of child protection in football, and the coaches were given insights on how to promote a safe and positive environment for young players.

The event progressed to the skill test and fun football activities, which were held from 07:45 to 09:45. The players were divided into several groups, and a small competition was conducted between them. The players had a great time showcasing their football skills, and the coaches were able to observe their progress and identify areas that needed improvement.

The closing event was the first aid and hygiene education for the players, which was held from 09:50 to 10:20. This session was aimed at educating the players on essential hygiene practices, such as handwashing and sanitization, as well as basic first aid skills. The coaches also took the opportunity to emphasize the importance of staying safe and healthy while playing football.

In conclusion, the AFC FFTL 10th Anniversary Grassroots Football Day was a resounding success, and the participants had a fantastic time. The event provided an opportunity for the players to develop their football skills while also learning about child safeguarding, hygiene, and first aid.

5. TECHNICAL DEVELOPMENT

5.4. AFC - FFTL WOMEN'S FOOTBALL EVENT

International Women's Day was celebrated and was filled with more than 100 female players of all ages, as they participated in the FFTL's AFC Women's Football Day. It was celebrated at the Campo Democraçia Training Field in Dili on 8 March 2023. The purpose of celebrating Women's Day is – To raise awareness about the status and dignity of women among the players, staff, and other stakeholders.

The ceremony was started by opening remarks from Mr. Francisco Martins da C. P. Jerónimo, the President of FFTL. "I would like to sincerely congratulate all the players and officials for taking part in the AFC Women's Football Day. It's great that more people are joining us to celebrate International Women's Day through football and I hope more will come forward to support this beautiful game." Jerónimo said.

"The development of Women's football in Timor-Leste is getting better by having the team who are preparing for the upcoming international games of JENESYS Cup and Women's Olympic Football Tournament 2023-2024. However, the number of participation of women in football is still required to increase, hence, I encourage and appreciate all of you for contributing to the development of football in our beloved country." He added.

Following by a friendly match between the U-17 Women's Team and the Women's Senior National Team on Women's Day was been conducted in the afternoon and many of the staff, players, and coaches participated in celebrating the special day. It was interesting to know that men also participated in it.

5. TECHNICAL DEVELOPMENT

5.5. CLUB LICENSING ANNUAL SEMINAR

The Seminar was opened by the Deputy, Mr Frederico P. Martins on behalf of the General Secretary of FFTL, who gave an excellent introduction to the Seminar and an overview of the Football activities in Timor Leste. The Seminar discussed of implementation of AFC & National Club Licensing in Timor Leste.

The Seminar also emphasized several important issues, such as Club Management, Financial Management, and Football aspects.
The seminar was structured in a way that helped participants to understand Football Management not only on the Pitch (Stadium) but also internally of the Club. The Seminar was participated by 18 participants.

The Seminar will help the Club to be more qualified and professional not only in the stadium but also internally Club. Moreover, the seminar encourages the club to be more active and transparent. The Seminar was successful, participated by 12 clubs of the 1st & 2nd Division League, and 6 FIB and AB members.

5. TECHNICAL DEVELOPMENT

5.6. FFTL REFEREEING SEMINARS/WORKSHOPS 2023

FFTL, in collaboration with the Referee Department, has organized eleven basic referee courses for Football and Futsal across multiple municipalities including Oecusse, Bobonaro, Dili, Viqueque, Covalima and Ainaro. Additionally, the Referee Department conducted a Referee Football Refresh Course to prepare referees for FFTL and League Football Competitions, along with a Referee Futsal Refresher course for the Futsal League Season
2022/23.

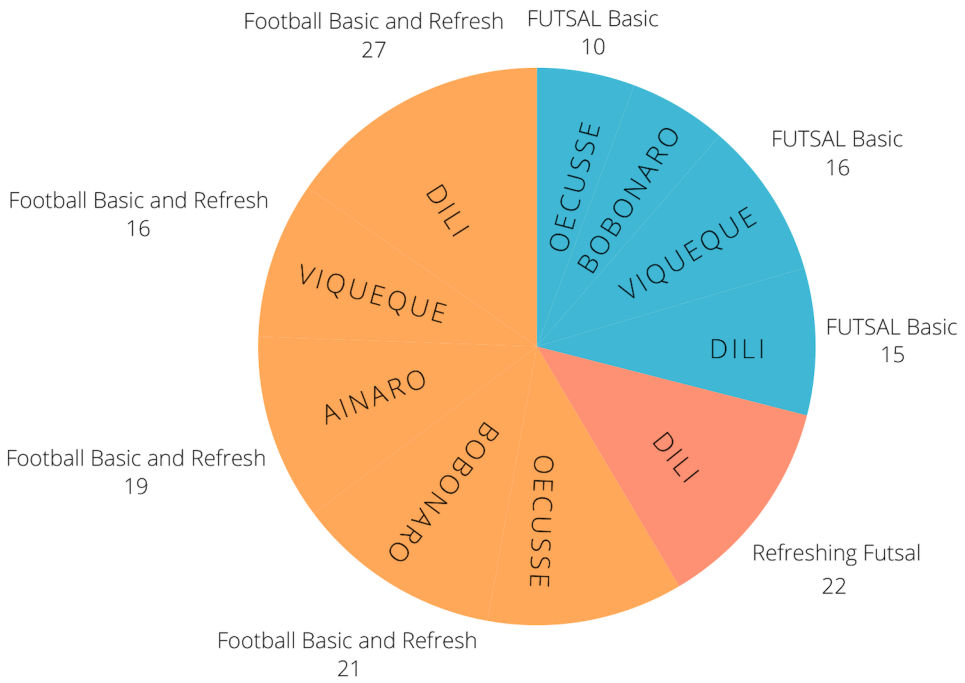
These courses aim to enhance the skills and readiness of referees for officiating in various football and futsal competitions.

Details of these workshops and seminars are provided in the charts below.

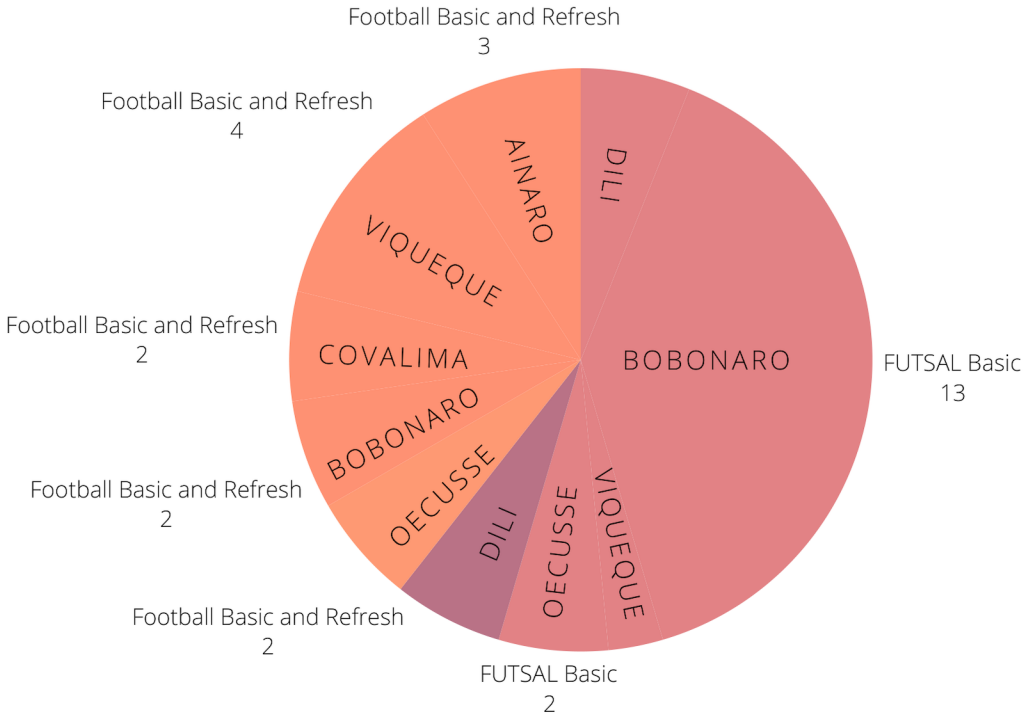
5. TECHNICAL DEVELOPMENT

FFTL REFEREEING SEMINARS/WORKSHOPS 2023

Total of Men's Participant



Total of Women's Participant



6.GOVERNANCE

6.1. FFTL ORDINARY CONGRESS

The 8th FFTL Ordinary Congress, held on July 1, 2023, highlighted significant governance and operational challenges within the Federação de Futebol de Timor-Leste (FFTL). The congress was convened under Article 28 of the FFTL Statute, emphasizing its legitimacy. A key issue addressed was a proposed amendment to the congress agenda aimed at initiating a motion of no confidence against FFTL President Mr. Francisco Martins da C. P. Jerónimo. This proposal was approved by a supermajority of the members present, meeting the requirements outlined in Article 32 of the FFTL Statute for altering the congress agenda.

However, the congress faced disruptions from several member associations, leading to an inability to proceed as planned. These disruptions were driven by concerns over the proposed agenda change and a broader loss of confidence in the current leadership. The associations in question put forth their agendas, requesting, among other things, the scheduling of an Extraordinary Congress and the creation of an Ad-Hoc Committee to oversee this process within 60 days.

Despite attempts to address these issues, congress was unable to reach a resolution, leading to its closure in a state of uncertainty. The FFTL has sought guidance from FIFA and the AFC to navigate these governance challenges, emphasizing the need for external expertise and intervention to restore order and confidence in the federation's leadership and operational integrity. The situation underscores the complexities of football governance and the need for clear procedures, transparency, and effective communication among all stakeholders.

6.GOVERNANCE

6.2. FFTL EXTRAORDINARY CONGRESS

The Federação Futebol de Timor-Leste (FFTL) held an Extraordinary Congress on November 10, 2023, at Hotel Timor in Dili, attended by member associations, the FFTL Executive Committee, and representatives from FIFA and AFC. The congress opened with addresses emphasizing the importance of democracy in decision-making for the growth of football in Timor-Leste. Achievements of Timorese players abroad were highlighted, underscoring the nation's emerging presence in international football.

Key decisions included the approval of scrutineers to verify votes and minute checkers, unanimous agreement on the congress agenda, and ratification of the previous congress's minutes. An audit report presented showed no discrepancies in the financial performance. The financial report for 2022 was approved despite initial confusion regarding COVID fund allocation to some member associations.

A significant moment was President Francisco Jeronimo's resignation, thanking members for their contributions to football development in Timor-Leste and calling for a democratic election of a new leader. Executive Member Augusto Henrique also resigned. Following these resignations, member associations proposed forming an Ad-Hoc Committee to organize the election congress slated for January 9, 2024.

The congress concluded with gratitude expressed for the productive meeting and anticipation for the next congress, marking a pivotal moment for the FFTL in embracing democratic principles for its future direction.

6.GOVERNANCE

6.3. WORKSHOP BY FIFA/AFC ON GOVERNANCE

In a collaborative effort to promote effective football governance, the AFC and FIFA organized a workshop for the General Secretaries of Football Federation of Timor-Leste (FFTL) Member Associations. Held on November 09, 2023, the workshop witnessed active participation from the majority of FFTL Member Associations.

The session, focusing on Governance in Football, featured presentations by key figures in football administration. Mr. Lazarus J. Xavier, the AFC Head of the Strategic Planning and Advisory Unit, and Ms. Nhodkeo Phawadee, Head of the ASEAN Unit at AFC, delivered insightful presentations, covering crucial aspects of governance in football.

Adding to the significance of the event, FFTL staff members actively participated in the workshop, highlighting the organization's commitment to aligning with international governance standards.

The insights gained from the workshop are expected to have a lasting impact on the administration and growth of football within the FFTL Member Associations.

7.CAPACITY BUILDING

7.1. AFC FOOTBALL MANAGEMENT COURSE EDITION 4 AND 5

The Football Federation of Timor-Leste (FFTL) has proudly announced the participation of two staff members in the prestigious AFC Football Management Certificate (FMC) course for Editions 4 and 5 in the year 2023. The course, which spans five months, offers comprehensive training in football organization, operation, and finance, among other critical areas.

The two delegates from FFTL, Mr. Lourenco Baptista Guterres, serving as a Futsal Officer, and Ms. Carmelita Afonso, involved in General Office Administration, enrolled in this course to enhance their management capabilities.

Conducted entirely online, the course facilitated access to a wide range of modules and live sessions, allowing participants to engage with the material in a flexible and interactive environment. The completion of this program signifies not only personal achievement for Mr. Guterres and Ms. Afonso but also a forward step for FFTL in its quest to cultivate a robust football infrastructure in Timor-Leste.

The federation expresses immense pride in its staff's commitment to professional development and looks forward to the positive impact their newly acquired skills will bring to the advancement of football in the nation.

7.CAPACITY BUILDING

7.2. AFC CHILD SAFEGUARDING CERTIFICATE – INSIGHTS

Apart from the AFC FMC Course, the two (2) FFTL delegates took the initiative to attend the new course of the AFC Child Safeguarding Certificate – Insight.
Ms. Carmelita Afonso, apart from her role as the General Administration Officer, she also appointed as the Child Safeguarding Officer in FFTL. It brings to her attention to upskill her knowledge in the area of safeguarding programmes.

7.3. FIFA INSTRUCTOR COURSE

From April 24th to 28th, 2023, the Football Federation of Timor-Leste (FFTL) took a step towards enhancing the quality and effectiveness of its football coaching education by sending two delegates to participate in the FIFA/AFC Regional Pathway Coach Educators' Development course held in Manila, Philippines. This initiative underscores FFTL's commitment to advancing football coaching standards within its jurisdiction, aligning with international best practices.

FFTL was represented by two esteemed officials:
1. Mr. Gopalkhrisnan, Head of Coaching Education
2. Mr. Julião Monteiro, Goalkeeper Coach

Their participation underscores the federation's dedication to leveraging international expertise to bolster domestic coaching education frameworks.

The course was designed as a blended program, targeting coaching educators from the ASEAN region. It aimed to:

·Elevate the standard of coaching education among Member Associations.
·Encourage Member Associations to become self-reliant in coaching education.
·Maximize talent development in football through adherence to FIFA's coaching development, which emphasizes a football-driven, learner-centered, competence-based, and context-dependent approach.

The primary goal for FFTL's participation was to absorb and later implement the methodologies and practices introduced during the course. By integrating FIFA's coaching development into local coaching education programs, FFTL aims to foster a more dynamic, effective, and sustainable coaching ecosystem. This, in turn, is expected to significantly contribute to the development of football talents in Timor-Leste, ensuring that coaches at all levels are well-equipped to develop players effectively.

ANNEX

FEDERAÇÃO FUTEBOL DE TIMOR-LESTE (FFTL)

FFTL HOUSE: CAMPO DEMOCRAÇIA, AV. NU LARAN NÚ.04, BAIRRO FORMOSA (GRICENFOR), DILI, TIMOR-LESTE

+67073000123

international@fftl.tl

www.fftl.tl